



## January 2012 Taupo Cycling Club Newsletter

On behalf of the Taupo Cycling club committee, I want to take this opportunity to wish everyone a belated Merry Xmas and best wishes for 2012. I know a lot of riders are using this time off to get some extra miles in even though we seem to have more rain than sun. Be safe & be smart. Please take time to plan your 2012 season now – a New Year resolution that can be completed. See the extensive race calendar at the end of the newsletter.

The last week of November & early December was very busy month for the club. Thanks to all volunteers at the crit and the Classic – our help ensured the crit went ahead safely & took a lot of pressure off our friends at the Challenge plus we raised well over \$1,000 for the club. We also ran the 10 mile track events, a night at the car track and the club Road race as well as many of the club participating around the lake or MTB. Great stuff.

Congratulations to all the 2011 Spring series champs. The road race was successful, however we were down on numbers – some of you are missing out on some great racing. Let us know what we can change.

#### SPRING SERIES RESULTS:

<http://www.taupocyclingclub.org.nz/2011/12/04/waikato-bop-centre-team-time-trial-champs-17-sept-2011/#more-737>

After the road race we had the Spring series prize giving – thanks to the Avanti Plus Corner shop and Pak n Sav for their support, providing great prizes. Thank you to our very own Patrick Bevan gave us a rundown of his 2011 season. Patrick has since had some great results here in NZ at Southland, Tour de Vineyards and last weekends Elite Nationals.

In conjunction with the prize giving we had the club's annual AGM. We have elected a committee with many new faces – thanks for stepping up.

|                      |                  |
|----------------------|------------------|
| <i>Andrew Wilson</i> | <i>President</i> |
| <i>Grant Nichol</i>  | <i>Secretary</i> |
| <i>Mike Langley</i>  | <i>Treasurer</i> |

#### **Committee Members:**

*Jarrold Alty*  
*Sheryl Duncan*  
*Glen Sando*  
*Brad Setters*  
*Tony Tinworth*  
*Nigel Tipene*

*Crunchie Donaldson*      *Club Captain*

The club is expanding the junior program for 2012. We are in the process of finalizing all the details, race program, budget etc. Looks like we are going to have a great bunch of juniors. Brad Setters has put up his hand to coach/guide the juniors. I fully expect to see great improvements with all these riders.

Nigel Tipene is the velodrome director, taking over from Stephen Holdsworth. Please read his report later in the newsletter. I encourage some of the roadies to give track riding a nudge – it will make you better roadies, improve your speed, bike handling, strength & power.

#### **Sunday Rides:**

<http://www.taupocyclingclub.org.nz/sunday-morning-rides/>

There are 2 groups, The A group does about 3hrs, the B group about 2 hrs. . Sunday rides leave from the Farmers at 8:00am. We will constantly regroup. Be prepared - bring 2 water bottles, food, spare tube & pump and most importantly some \$ for a coffee at the end of the ride. Remember the road rules. When riding 2 abreast – ride in a tight formation. If you feel uncomfortable doing this, go to the back of the bunch. This is a casual ride, not a race. Do your big efforts on Saturday & leave the Sunday ride as an easy recovery ride.

We finish at the newly renovated Fern café in the Suncourt courtyard. It's a great spot – plenty of places to park the bike, plenty of seating and very sheltered, and they don't seem to mind a whole lot of sweaty people in Lycra.



## RACE NOTICE

### SUMMER SERIES STARTS

The next club series will be held again at the track, starting Tuesday the 7<sup>th</sup> Feb. There will be a series of 8 races at the car track and will finish with 1 road race on Sunday April 1<sup>st</sup>.. The dates are timed to coincide with daylight savings finishing, and the road race slots in between some busy race weekends.

1. Grades: A, B, C, D, Women's, Juniors
2. Women & Juniors have a choice of riding with their respective grades or in with A, B, C or D
3. Juniors are to ride restricted gears no matter what grade they ride in
4. Riders will be moved to other grades based on the Spring Series results
5. No Parking in front of Motorsport buildings ( help us enforce this – some non members park here)
6. You can ride with tri bars but do not use them, as it is dangerous in bunches
7. Keep your line
8. Be aware of faster groups passing
9. Become a club member now
10. Get there early, to get in the right grade & receive number
11. We need 5 volunteers for each race. Contact Andrew [kawilsonnz@yahoo.com](mailto:kawilsonnz@yahoo.com)
12. Points: 1<sup>st</sup> - 14, 2<sup>nd</sup> - 12, 3<sup>rd</sup> - 10, 4<sup>th</sup> - 8, 5<sup>th</sup> - 6<sup>th</sup> and 2 pts for each finisher
- 13.

## Junior Program Update

Continuing on from the success of last year we have 14 Taupō riders in the Junior Program, who in the first half of the year are all committing to attend three major North Island Junior Tours in the Hawke's Bay, Rotorua and Te Awamutu followed by the National Road Club Championships in May, which includes a Time Trail and Road Race.

Taupo Cycling Club's objective is to help these riders better themselves as both bike riders and athletes on and off the bike and to help them work towards achieving their own personal goals.

This year Brad Setters will be coming on broad to run the program and will be assisted by Cam Durno who already coaches a number of these kids, the idea being that we can give the Development Program more sustainability for the future - beyond our current committee. Both Brad and Cam have a huge amount of knowledge and fresh ideas to introduce to the riders and the program. Jed will still over sea the program and assist where needed.

For us, 'Taupō Cycling Club' to have 14 junior riders attending these events from what is a small club is simply outstanding and will undoubtedly turn some heads in the right direction. It's going to be a good year!

The riders in this year's program are:

| Name              | Age Group                  |
|-------------------|----------------------------|
| Frank Sutton      | U19 – 1 <sup>st</sup> year |
| Nicole Scott      | U19 – 1 <sup>st</sup> year |
| Corby Price       | U19 – 1 <sup>st</sup> year |
| Jaymie King       | U17 – 1 <sup>st</sup> year |
| Brendan Hawkins   | U17 – 1 <sup>st</sup> year |
| Aidan Hawkins     | U17 – 1 <sup>st</sup> year |
| Sam Dobbs         | U17 – 1 <sup>st</sup> year |
| Lewis Eccles      | U17 – 1 <sup>st</sup> year |
| Kyle Smith        | U17 – 1 <sup>st</sup> year |
| Isla Sando        | U17 – 1 <sup>st</sup> year |
| Claire Hume       | U15 – 2 <sup>nd</sup> year |
| Matilda Fulljames | U15 – 2 <sup>nd</sup> year |
| Finn Giddy        | U13                        |
| Flynn Fierro      | U13                        |

## Velodrome racing

<http://www.taupo cycling club.org.nz/tuesday-night-track/>

*Nigel Tipene is the 2012 Velodrome director, and has filed this report:*

On behalf of my self and the riders of the Taupo Velodrome we'd like to thank Pete Harding for his time and energy passing on knowledge and some track tips. A hot Monday morning on the 1st of January made for a good start to the year with Pete Harding giving us some work behind the motorbike. The afternoon session was more eventful with a few tired riders, and the odd spill."

From Monday 16th January 6:00pm -7:00pm , I am going to be running skills and drills sessions to encourage new riders to the Velodrome. I will focus on track etiquette, confidence, and skills to help people feel better about racing at the Velodrome on the Wednesday nights. I ask people to bring helmets, shoes and pedals. The Taupo cycling club has various sized Track bikes for loan. This is concentrating on new riders. Established riders are welcome to join in and share information, but this is designed to really encourage new riders. Call Nigel 02102561860 for more information.

From Wednesday 18th January, 6.00pm, the track racing will be more focused on efforts and racing. The track session will be extended over the summer period from 1hr to 1.5hrs. Also starting this Wednesday will be a 6 week points series. The points series will be raced based on the 6 events of the omnium in the order they are run at Track events. Riders competing for points will have a shielded handicap. The ultimate objective is to give our riders confidence in Track racing so we can compete with other clubs at various races around NZ.

### Benefits of Track cycling:

Track cycling provides all the skills/fitness required to make all your other cycling easier. Improved pedal stroke/rotation Improved fitness through faster recovery. Paceline experience. Better pedal cadence. etc.

## Renew Membership for 2012 NOW

Remember that BikeNZ requires cyclists that do 3 events to become a member. It's the best deal in town.

**You can now become a member for 2012!!!** Visit the BikeNZ site.

<http://secure.memberdesq.com/index.cfm?fuseaction=main&OrgID=6346>

For those of you that haven't, please make sure that you do as soon as possible.



For all existing members, you will have already have received via email a log-on name and password which will enable you to manage your membership. Alternatively, you can visit [www.bikenz.org.nz](http://www.bikenz.org.nz) and follow the link on the top right hand side of the home page which will take you to the membership portal. Please do this now, as it makes it substantially easier to process memberships.

Adult : \$15 TCC member plus \$25 BikeNZ = \$40 Club only  
Junior <15 & <17 \$5 TCC member plus \$25 BikeNZ plus \$10 = \$40 for a National License

### Juniors – select the option below:

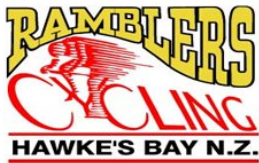
|                       |   |          |
|-----------------------|---|----------|
| <input type="radio"/> | <b>Club Licence - Road and Track</b><br><i>Allows the member to compete in any club events at the club joined.</i>      | \$40.00  |
| <input type="radio"/> | <b>Centre Licence - Road and Track</b><br><i>Allows the senior member to compete in any events within the centre.</i>   | \$80.00  |
| <input type="radio"/> | <b>Junior National Licence - Road and Track</b><br><i>Allows the junior member to compete in any events nationally.</i> | \$40.00  |
| <input type="radio"/> | <b>Senior National Licence - Road and Track</b><br><i>Allows the senior member to compete in any events nationally.</i> | \$120.00 |

I also encourage you to **take out a Centre or National license**. You can upgrade your license to a centre license very easy. For the price of a Funride, you will be able to ride all the centre and National open races. The Open races are very well organised, have prize money and are cheap e.g. \$20 for the centre champs.

## RACE & RIDE CALENDAR

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### THE HUB CYCLE TOUR, HAWKES BAY FRIDAY 13-15 JANUARY 2012



The Ramblers Cycling Club Hawkes Bay presents The Hub 3 Day Cycle Tour. For more information contact Event Director Wally Woods [wally.woods@xtra.co.nz](mailto:wally.woods@xtra.co.nz) or visit <http://www.ramblers.co.nz/>

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### EGMONT SEAFOODS ROUND THE MOUNTAIN CYCLE RIDE, NEW PLYMOUTH, TARANAKI SATURDAY 14 JANUARY 2012



Details - 153km around Mt Taranaki. Solo and relay sections. Or check out the website for the unique ECL Bone Collector. Supporting the Taranaki Velodrome Trusts Cycle Park project at Hickford Park Bell Block. <http://www.roundthemountain.co.nz>

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### Gwaloop Cycle Challenge, Gisborne SATURDAY 21 JANUARY 2012



The Gisborne based Gwaloop cycle race, New Zealand's longest one day cycle challenge of 204 km for individuals and team members, has changed dates. This historical October Labour weekend event is now rescheduled to Saturday 21st January 2012. This also includes the popular 26.4 Km Miniloop. <http://www.gwaloop.co.nz>

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### SRAM TOUR DE RANGES, AUCKLAND SATURDAY 21 JANUARY 2012



Starting and finishing in the Clevedon A&P Showgrounds, the 110km and 30km SRAM Tour de Ranges cycle event is one of Auckland's premier cycle rides. Join 2000 other riders and don't miss the spectacular views of the Hauraki Gulf. [www.tourderanges.co.nz](http://www.tourderanges.co.nz)

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### WAIKATO BOP CENTER TRACK CHAMPS, TAUPO, FRIDAY 27 – SUNDAY 29 JANUARY



Where: Taupo Velodrome  
All Grades, Center license required

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### RUAPEHU CYCLING CLASSIC, OHAKUNE, FRIDAY 10th – SUNDAY 12<sup>th</sup> FEBRUARY

Ruapehu Cycle Classic Weekend Schedule

|                        |   |
|------------------------|---|
| Friday 10th February   | Criterium (A, B & C grades)   |
| Saturday 11th February | Ruapehu Cycle Classic (80km or 160km) - Individual or Team Categories |
| Sunday 12th February   | Race to the Sky (17km)  |

Race 1 event or do all 3

<http://cycleclassic.com/default.cfm>

## **Harcourts KDRE Bev May Women's Tour, MORRINSVILLE, SATURDAY 11<sup>th</sup> - SUNDAY 12<sup>th</sup> FEBRUARY**

A Grade, B Grade, C Grade, U17, U15, U13  
Our Junior women will be attending this race

[http://morrinsvillewheelers.org.nz/index.php?option=com\\_content&view=article&id=34&Itemid=29](http://morrinsvillewheelers.org.nz/index.php?option=com_content&view=article&id=34&Itemid=29)

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## **Lion Foundation Wellington to Auckland 7 day Cycle Challenge, SUNDAY 12-18 FEBRUARY 2012**



Dynamo Events in association with Dynamo Cycling Club proudly presents the fourth annual Lion Foundation Wellington to Auckland Cycle Challenge. A seven day bike ride from Wellington to Auckland, open to riders of all abilities and ages. Whether you are an elite rider who wants to race, a competitive master, or looking for a week of fun with a great group of people – the Lion Foundation Wellington to Auckland Cycle Challenge will provide you with the ideal challenge to kick off 2012 with. The seven day event consists of thirteen stages, climbing its way from Upper Hutt through the Wairarapa to Palmerston North, meandering through Wanganui to Ohakune, hitting the Waikato and finishing in Pukekohe, Auckland. Discover New Zealand from a different angle. For more information go to <http://www.dynamoevents.co.nz/>

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## **The REV, SATURDAY 18<sup>th</sup> FEBRUARY 2012**



### **REV CLASSIC - 135km**

The REV Classic attracts the leading cyclist from around New Zealand and is recognised as one of the premiere one day races in the country. It is an open race (no age grades) with merit awards going to the top 10 males and top 5 females.

### **REV 100 - 100km**

The REV 100 is a perfect course for the recreational rider or age group racer - men and women. Starting in Cambridge, the course takes you over the challenging (and rewarding) French Pass, through the famous Hobbiton and thoroughbred district of Matamata and home via the legendary Scotsman Valley.

### **REV MIDI - 55km**

The REV MIDI is a very popular ride and suits the casual recreational rider. The course starts from Matamata and joins the REV 100 course, riding through scenic rolling country side including the beautiful Scotsmans Valley, before finishing at the main event headquarters in Cambridge

<http://www.therev.co.nz/>

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## **TRACK NATIONALS AGE GROUP, 28<sup>TH</sup> FEBRUARY – 3<sup>RD</sup> MARCH 2012**

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## **TOKORO A FUNRIDE, 4<sup>TH</sup> MARCH 2012**

Great ride, great course

<http://tokoroalions.com/index.php?pag=cms&id=222&p=cycle-ride.html>

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## **BILL & HAZEL SUMMER OPEN, 10<sup>TH</sup> MARCH 2012**

[http://www.morrinsvillewheelers.org.nz/attachments/531\\_Summers%20Flyer%202012.pdf](http://www.morrinsvillewheelers.org.nz/attachments/531_Summers%20Flyer%202012.pdf)

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## TOUR OF NORTHLAND, 15-18<sup>TH</sup> MARCH 2012



A four day event that will take you through the middle section of Northlands acclaimed Twin Coast Discovery Highway. In its 12th year, this event has proven to be a major focus of the Northland sporting calendar. Described as a fun challenge for the social cyclist, be sure to join in and see the unsurpassed scenery, culture and heritage that Northland has to offer.

[CLICK HERE TO FIND OUT MORE>>](#)

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## CHB TOUR, HASTINGS, 17<sup>TH</sup> & 18<sup>TH</sup> MARCH 2012

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## 100KM FLYER, 31<sup>ST</sup> MARCH 2012



100km.... what a fantastic milestone! You will ride through magnificent countryside from one world famous tourist destination to another using private sealed forestry roads, SH5, peaceful country roads and even parts of the famous Ironman course finishing inside the Taupo Events Centre. A great way to spend a weekend, with 3500 riders annually. There are over \$100,000 worth of spot prizes and giveaways up for grabs. With options for Solo, Tandem and Relay riders this event is open to everyone with a bike!

<http://100kflyer.co.nz/>

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## CLUB ROAD RACE, Final race in Series , SUNDAY 1<sup>ST</sup> APRIL 2012



[taupocyclingclub.org.nz](http://taupocyclingclub.org.nz)

When: Sunday April 1<sup>st</sup> , 10 am  
Where: Park opposite Hub café, Huka Falls road

|         |        |       |
|---------|--------|-------|
| A Grade | 7 laps | 56 km |
| B Grade | 6 laps | 48 km |
| C grade | 5 laps | 40 km |
| D Grade | 4 laps | 32 km |
| Women   | 4 laps | 32 km |

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## TE AWAMUTU 3 Day JUNIOR TOUR , 7<sup>th</sup> – 9<sup>th</sup> APRIL 2012



Saturday 7th April - Registration in morning. Prolog in the afternoon.

Sunday 8th April - Stage racing.

Monday 9th April - Stage racing and prize giving.

[http://www.tasportscycling.co.nz/index.php?option=com\\_content&view=category&id=92&Itemid=172](http://www.tasportscycling.co.nz/index.php?option=com_content&view=category&id=92&Itemid=172)

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## CRI JUNIOR TOUR , Rotorua, 14<sup>th</sup> – 15<sup>th</sup> APRIL 2012

This event is designed to promote Junior and Women's cycling. It will provide a good build up to the National Club champs in Hastings with regard to National Selection. Stages 1, 2 & 4 will be held at Ngakuru, 15ks south west of Rotorua. Stage 3 is a Criterium held at the Eastgate industrial park opposite the Airport. Day1 Stages are a Road Race in the morning, and a TT in the afternoon. Day 2 a Criterium in the morning and the final road stage in the afternoon followed by prize giving.

<http://www.cyclingrotorua.co.nz/events.htm>

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## WAIKATO BOP ROAD CHAMPS, TAUPO, SUNDAY 22<sup>nd</sup> APRIL 2012



The Taupo Cycling Club is proud to present the Waikato BOP Road Champs featuring the best riders in the region. Center license required.

Great course planned, 20km loop, make sure you do it in training:

<http://www.mapmyride.com/routes/view/39119006>

## ROAD NATIONALS – Age Group, HASTINGS, 3<sup>rd</sup> to 6<sup>th</sup> MAY 2012



Take advantage of Taupo's proximity and give this race a go. National license required.

<http://www.ramblers.co.nz/nats2012.asp>

### Event Calendars:

<http://www.dynamoevents.co.nz/>

<http://www.bikenz.org.nz/Events/EventList.aspx?ID=745>

[http://cyclingnz.com/cnz5\\_events.php](http://cyclingnz.com/cnz5_events.php)



The Club has a face book page. This is where club members can add photo's, talk about rides etc. Do a search on Taupo cycling & it will pop up.

<https://www.facebook.com/groups/191591914191067/>

**Taupo Cycling Club** Open Group

Write Post Add Photo Ask Question

Write something...

**Tina Woolcott**  
Taupo Boys U17 Time Trial Team

Like · Comment · Follow Post · September 17 at 2:31pm

**Members (22)** See All

Add Friends to Group

Chat with Group

Create Doc

Create Event

View Photos

Edit Group

Leave Group

**Docs (2)** See All

- Home of Cycling Support  
Created about a month ago
- RACE ANNOUNCEMENT: Summer...  
Created about 8 months ago